

# Health and Medical Record/Release

## IDENTIFICATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  Male  Female  
 Religion \_\_\_\_\_

## HEALTH HISTORY

Have you had any of the following conditions? Mark "past" or "now" or leave blank if never had.

_____ Asthma	_____ Fainting Spells	_____ Frequent Diarrhea	_____ Rheumatic Fever
_____ Hay Fever	_____ Tuberculosis	_____ Severe Stomach Ache	_____ Heart Trouble
_____ Sinus Trouble	_____ Bedwetting	_____ Diabetes	_____ Glasses
_____ Ear Ache/Infection	_____ Kidney Disease	_____ Sleeping Walking	_____ Contact Lenses
_____ Ear Tubes	_____ Constipation	_____ Epilepsy	_____ Menstrual Cramps

## ALLERGIES OR ALLERGIC REACTIONS (Check if yes and tell what the symptoms are)

- Penicillin \_\_\_\_\_
- Other Medications (List): \_\_\_\_\_
- Bee Sting \_\_\_\_\_
- Poison Oak, Poison Ivy \_\_\_\_\_
- Other: List \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## PLEASE LIST ALL SERIOUS ILLNESSES OR OPERATIONS IN THE PAST FIVE YEARS

Operation or Illness	Date	Hospitalized? (yes/no)
_____	_____	_____
_____	_____	_____

MEDICATIONS: PLEASE LIST, IN AS MUCH DETAIL AS POSSIBLE, ANY/ALL MEDS THAT THE PATHFINDER IS TAKING. PRESCRIPTION / NON-PRESCRIPTION / OVER-THE-COUNTER MEDICINE / VITAMINS / HOME REMEDIES / HERBS / ETC.

Medication	Dose (eg. mg/pill)	How many times per day?	Date started?

## IMMUNIZATION HISTORY

Required immunizations must be determined locally. This is a record of dates of being immunized and most recent booster doses.

DTP Series \_\_\_\_\_ Booster \_\_\_\_\_ Tetanus Booster \_\_\_\_\_  
 Polio OPV (Sabin) \_\_\_\_\_ Booster \_\_\_\_\_ Tuberculin Test \_\_\_\_\_  
 Measles Vaccine (live) \_\_\_\_\_ Mumps Vaccine (live) \_\_\_\_\_  
 German Measles (Rubella) \_\_\_\_\_ Chicken Pox \_\_\_\_\_

**DIET**  Vegetarian  Diabetic  Vegan

Food Allergies \_\_\_\_\_

**PHYSICAL ACTIVITY**

Any restriction of activity for medical reasons? Explain: \_\_\_\_\_

Any other type of health concerns which might be pertinent \_\_\_\_\_

**INFORMATION IN CASE OF ACCIDENT OR ILLNESS**

**Father/Guardian** \_\_\_\_\_ Phone (H) \_\_\_\_\_

Home Address \_\_\_\_\_ Cell \_\_\_\_\_

Work Address \_\_\_\_\_ Phone (W) \_\_\_\_\_

**Mother/Guardian** \_\_\_\_\_ Phone (H) \_\_\_\_\_

Home Address \_\_\_\_\_ Cell \_\_\_\_\_

Work Address \_\_\_\_\_ Phone (W) \_\_\_\_\_

**IF NOT AVAILABLE, IN EMERGENCY NOTIFY:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

**DOCTOR TO CONSULT IN CASE OF EMERGENCY**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

DO YOU HAVE MEDICAL INSURANCE  Yes  No Number \_\_\_\_\_ Type Coverage \_\_\_\_\_

Company Name \_\_\_\_\_

**Parent's Authorization**—required for those under 18 years of age.

*This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me and the physician. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the adult leader in charge to hospitalize, secure proper anesthesia, or to order injection or surgery for my child.*

Parent/Guardian's Signature \_\_\_\_\_

Date \_\_\_\_\_

Subscribed and sworn to before me this \_\_\_\_\_ day of \_\_\_\_\_

\_\_\_\_\_  
Notary Public

My commission expires \_\_\_\_\_